



ABBEY COURT

SALADS

CAESAR SALAD €12.00
Baby gem lettuce, herb ciabatta croutons, warm Crowe's Farm streaky bacon, caesar dressing & Parmesan shaving

ST. TOLA SALAD €13.00
Gold river farm salad leaves, Strawberries, candied pecans, golden beets, balsamic dressing & St. Tola goat cheese croute

SUPERFOOD SALAD €13.00
Gold river farm salad leaves, curry spiced sweet potato, blueberries, pomegranate seeds, toasted seeds, avocado & apple cidar dressing

SHINE'S IRISH TUNA SALAD €14.00
Gold river salad leaves, Shine's Irish Tuna, hard boiled eggs, heirloom tomato, cucumber, croutons, kalamata olives & apple cidar dressing

LEBANESE GRILLED HALOUMI SALAD €14.00
Gold river farm salad leaves, chickpea humus, sun dried tomatoes, green olives & grilled haloumi on Syrian flat bread

SOUP OF THE DAY €6.50
Served with Abbey Court wheaten bread

SEAFOOD CHOWDER €8.25
Served with Abbey Court wheaten bread

TOASTIES

HAM & CHEESE €8.00
Baked Limerick ham & Hegarty's cheddar cheese in toasted sourdough

CUBAN €9.00
Slow roasted pulled pork, nduja picante, pickle & smoked gubbeen cheese in toasted sourdough

REUBEN €9.00
O'Connor's spiced beef, sauerkraut & mossfield cheese in toasted sourdough

MUSHROOM & PESTO €8.00
Roasted flat cap mushrooms, baby spinach pesto & scamorza cheese in toasted sourdough

SANDWICHES

TUSCAN €10.00
Salami, heirloom tomato & buffalo mozzarella on ciabatta

CROWE'S FARM TURKEY BLT €10.00
Turkey breast, rasher, lettuce, tomato & lemon herb mayo on ciabatta

WILD ATLANTIC WAY €15.00
Pink prawn & smoked salmon on wheaten loaf

A LITTLE EXTRA

Add chips or cup of soup to any sandwich or salad €2.00
Portion of chips €4.00
Add chicken to any salad €3.00

Served 12.30 - 5 pm

THE COFFEE DOCK

SCONES

Plain Butter Milk Scone €3.25
Golden Raisin Scone €3.50
Fresh Blueberry & fondant icing scone €3.50
Vegan wholemeal date & cinnamon scone €3.50

BREAKFAST PASTRIES

Croissant €2.95
Pain au raisin €2.95
Pain au Chocolat €2.95
Fresh baked muffin €3.25

SWEET TREATS

Dark chocolate brownie €3.25
Chocolate chip cookie €2.50
Pear & almond tart €4.00
Blueberry & Frangipane Tart €4.00
Mini Doughnuts (4 for €3) €1.00

COFFEE

Espresso €3.00
Double Espresso €3.75

	8OZ	12OZ
Americano	€3.20	€3.50
Flat White	€3.50	-
Latte	€3.50	€3.70
Cappuccino	€3.50	€3.70
Mocha	€3.50	€3.80

Hot chocolate €4.00
Babyccino €2.00

EXTRAS

Plant milk 0.50c
Espresso 0.50c

TEAS

Barrys Pot for 1 €3.00
Herbal Tea €3.50

