



ABBEY COURT

LUNCH MENU

SERVING 12PM – 5PM



Soup of the Day

€8

Served with Abbey Court wheaten bread (m,cc,c)

Seafood Chowder

€10

Served with Abbey Court wheaten bread (f,c,mm,m,cr)

SALADS

St Tola Goat Cheese Salad €12

Puff pastry & goat cheese with a salad of baby leaves, beetroot, strawberry, candied pecans & balsamic dressing (c,m,e,n,mu)

Caesar Salad €12

Baby gem lettuce, herb ciabatta croutons, warm Crowe's Farm streaky bacon, caesar dressing & Parmesan shaving (c,f,e,su,m)

Vegan Superfood Salad €12

Baby leaves, warm spiced sweet potato, avocado, blueberries, pomegranate, toasted seeds & cider vinaigrette (c,mu)

Add grilled halloumi (m) €4

Add grilled chicken breast €4

Add Falafel €4

SANDWICHES

Ham & Cheese Toastie €10

Limerick ham & Hegarty's cheddar toastie with Dijon honey mayonnaise (su,m,c,mu,e)

Crowe's Farm Turkey BLT €10

Turkey breast, rasher, lettuce, tomato & lemon herb mayo on ciabatta (c,e,m,)

Open Wild Atlantic Way €15

Pink prawn, smoked salmon, capers & Marie Rose sauce on wheaten Bread (c,m,e,f,n,cr)

EXTRA'S

Add chips or cup of soup to any sandwich or salad €2

Portion of chips €4

(C) cereals (m) milk (n) nuts (p) pea nuts (e) eggs (f) fish (cr) crustaceans (mm) Molluscs
soya (cc) Celery (mu) mustards (sc) sesame seed (su) sulphite (l) lupin





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SPECIAL'S (Please ask your server)

Roast of the Day €15.95

Fish of the Day €15.95

Served with Potato &
Seasonal Vegetables

SHARING PLATE

**Irish Cheese &
Charcuterie Sharing Plate** €24

Trio of Irish Cheese & Artisan Cured
Meats, tapenade, tomato pesto, olives,
crusty bread & crackers (d,su,f,c,e)

MAIN PLATES

Bangers & Mash €15

Pork & leek sausage, creamy mash,
onion & ale gravy (m,c,su,mu,cc)

Chicken & Chorizo Pasta €16

Penne pasta, Spanish chorizo, roasted red peppers, onion,
garlic, tomato sauce, fresh basil & rocket (su,c,mu,cc,m)

Malaysian Chicken Curry €16

Coconut & coriander rice

(Vegan & vegetarian style) €15

6oz Steak Burger €16

Char grilled steak burger, brioche bun,
cos lettuce, plum tomato, diced pickle & smokey chilli burger sauce
served with triple cooked chips (c,e,m,mu).

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