



Abbey Court  
Hotel & Spa

**Served from 2.30pm-9.15pm**

**Soup of the Day €6.00**

Homemade Brown Soda Bread (8.9.10.11.12.13)

**Smoked Salmon & Prawn Salad €8.00**

Crisp Mixed Leaves & Chilli's, Marie Rose Dipping Sauce (3.5.6.7.10.12.13)

**Classic Caesar Salad €8.00**

Locally Sourced Baby Gem Lettuce, Cais Na Tire Sheep's Cheese, Soft  
Cherry Tomatoes, Basil Sourdough Croutons (1.2.5.8.9.11)

**Add Cajun Chicken €13.00**

**Deep Fried Tipperary Brie €8.00**

Light Salad, Rich Red Port Reduction (6.7.10.11.12.13)

**Caribbean Inspired Salt Cod Fish Cakes €8.00**

Chilli & Coriander Mayo (6.7.10.11.12.13)

**Spicy Buffalo Chicken Wings €8.00**

Sriracha Hot Sauce, Blue Cheese Dip (1.2.8.11.12.13)

**Chorizo, Sundried Tomato & Goats Cheese Bruschetta €8.00**

Apple & Maple Drizzle (2.11)

**Starter**

# Large Salad Bowls



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## **Thai Style Beef Salad €16.00**

Chinese Leaves, Fiery Steak Tips, Fresh Mango, Chilli's, Corriander, Mint  
Spring Onions. Toasted Sesame & Chilli Dressing (6.7.10.11.12.13)

## **Large Caesar Salad €12.00**

Locally Sourced Baby Gem Lettuce, Cais Na Tire Sheep's Cheese, Cherry  
Tomatoes, Basil Sourdough Croutons, Crispy Bacon Bits. (1.2.5.8.9.11)

## **Add Cajun Chicken €17.00**

## **Super Food Salad €15.00**

Broccoli, Hazel Nuts, Spring Greens, Beetroot, Dried Cranberries,  
Blueberries, Avocado, Toasted Seeds & Sundried Tomato Vinaigrette.  
(1.2.6.9.10.11.12)

## **Add Grilled Chicken Breast €17.00**

## **Add Goats Cheese €15.00**



**Abbey Court  
Hotel & Spa**  
Locally Sourced Steaks

**10 oz Rib Eye Steak €27.00 or 10oz Sirloin Steak €27.00**

Served with Roast Portobello Mushroom, Onion Rings, Grilled Tomato with Garlic & Parsely Butter or Pepper Sauce

**6oz Sirloin Steak Sandwich €19.00**

Served on Sarah Carroll's famous Sour Dough Bread, brushed with Garlic Butter, Mushrooms & Onions, Pepper Sauce or Garlic Butter. French Fries.

(1.2.5.9.11.12.13)

**Burgers,**

Served in A Brioche Bun with Lettuce, Tomato & Onion Rings, Homemade Pickle

**8oz Beef Burger €17.00**

with Monterey Jack Cheese & Streaky Bacon (1.2.11.12.13)

**Cajun Chicken Burger €17.00**

with Garlic Mayonnaise (1.2.11.12.13)

**Our Thai Red Curry,**

Slowly Cooked Herbs & Spices with Coriander & Lime  
**Chicken €16.00 or Vegetarian €15.00 (Vegan Friendly)**

(2.7.8.9.10.12.13)

**Gypsy Ale Beer Battered Fillet of Cod €16.00**

House Tartare Sauce, Minted Crushed Pea's

**Fish of The Day,**

Please Ask Your Server

**Side Dishes €4.00**

Creamed Potato | Seasonal Vegetables | French Fries €3.50  
| Tossed Salad | Onions & Mushrooms (1.2.3.4.5.6.7.8.9.10.11.12.13)

**Main Course**

# DESSERT



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All desserts are made in house by our team of Chef's

**Forest Berry Sherry Trifle €6.50**

with Wild Mixed Berries Soaked in Sherry,  
Homemade Sponge & Crème Anglaise. (1.2.8.11)

**Tonka Bean & Irish Mist Bread & Butter Pudding €6.50**

Served with Custard. (1.2.10.11)

**Kristin's Lemon Drizzle Cake €6.50**

with Lemon Cream Cheese Frosting. (1.2.10.11)

**Individual Apple & Pear Sponge, Vanilla Ice Cream €6.50**

with Toffee Sauce & Vanilla Ice Cream (1.2.11)

**Fresh Strawberry & Cream Shortbread Biscuit €6.50**

with Berry Ice Cream, Gin & Strawberry Coulis (1.2.11)

**Selection of Boulabane Farm Ice Cream €8.00**

Served in a Wafer Basket (1.2.10.11)

## Allergens

Each menu item has a series of numbers next to it. Under EU Law any of 14 allergens must be listed that the dish could possibly contain.

1. Eggs
2. Milk/Milk Products
3. Shell Fish
4. Molluscs
5. Fish
6. Peanuts
7. Sesame
8. Soya
9. Sulphur
10. Nuts
11. Gluten
12. Celery
13. Mustard
14. Lupim



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Served from 12.30pm-9.15pm

**6oz Sirloin Steak Sandwich €19.00**

Served on Sarah Carroll's famous Sour Dough Bread, brushed with Garlic Butter, Mushrooms & Onions, Pepper Sauce or Garlic Butter. French Fries.

**Roast Turkey & Brie €13.00**

Chunky Ballinderry Sour Dough Bread toasted with Cranberry Sauce, Topped with Melted Brie & Roast Turkey Slices, Crisp Lettuce Leave, served with Seasonal Salad & Coleslaw (1.2.3.5.11.12.13)

**Countryman's €10.00**

Home Baked Ham & Monterey Jack Cheese with Ballymaloe Relish on generously cut Sour Dough, served with Seasonal Salad & Coleslaw (1.2.5.11.12.13)

**3 Fish Sambo €10.00**

3 Slices of our Homemade Brown Soda Bread with a selection of Atlantic Smoked Salmon, Prawns & Crayfish Tails. (1.2.3.5.11.12.13)

**Classic BLT €9.00**

Baby Gem Lettuce, Ripe Plum Tomato, Dry Cured Streaky Bacon and Mayo. (1.2.9.11.12.13)

**Chicken Club Triple Decker €10.00**

Dry Cured Streaky Bacon, Egg, Plum Tomato, Mixed Leaves, Mustard Mayo and Flamed Grilled Chicken. (1.2.9.11.12.13)

**Create your own Fresh or Toasted Sandwich €6.95**

Usual Fillings, Ham, Chicken, Beef, Cheese etc.  
Gluten Free Bread also available.

All Sandwiches are served with Seasonal Salad, Sundried Tomato Dressing and Homemade Coleslaw

**Add French Fries €3.50**

(1.2.3.4.5.6.7.8.9.10.11.12.13)

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# Gourmet Sandwiches