



**SOUP**

**POTATO, PARSLEY & BACON**

SERVED WITH OUR FRESHLY MADE WHOLEMEAL  
SODA BREAD €5

**CHICKEN "FIRE" ROLLS**

SPICY CHICKEN SPRING ROLLS, SOY, GINGER AND  
SPRING ONION DIPPING SAUCE €7

**TIPPERARY BRIE AND APRICOT TART**

PROSCIUTTO, WHITE ONION JAM, WALNUT DRESSING €8

**BUFFALO CHICKEN WINGS €8**

FRANKS HOT SAUCE, CASHEL BLUE CHEESE & CELERY  
MOUSSE, PICKLED BABY CARROTS

**LOUGHNANE CRACKED BLACK PEPPER SAUSAGE ROLLS €8**

WATERCRESS AND RED ONION SALAD  
WITH COARSE GRAIN MUSTARD DRESSING

**KENMARE SELECT SMOKED SALMON SOUR DOUGH FOCACCIA €7**

5 MILE TOWN CREAM CHEESE, AVOCADO, RED ONION & TOMATO SALSA

**SALADS**

**A VERY SPECIAL CAESAR SALAD**

BABY GEM LETTUCE, SOUR DOUGH CROUTONS, CAIS NA TIRE SHEEP'S CHEESE FROM TERRYGLASS,  
CHERRY TOMATOES, CRISPY BACON PIECES, TRADITIONAL CAESAR DRESSING €12

**THAI SPICY BEEF SALAD**

CHINESE LEAVES, FIERY STEAK TIPS, FRESH MANGO, CORIANDER, MINT, SPRING ONIONS,  
PEANUTS, TOASTED SESAME & CHILLI DRESSING € 14

**THE CLEOPATRA SALAD**

MIXED LEAVES, SUMMER FRUITS, TOASTED CASHEW NUTS,  
CHAR GRILLED CHICKEN BREAST, RASPBERRY VINAIGRETTE €12

Vegan/  
Vegetarian  
Quorn Versions  
now Available  
on all Salads

**SANDWICHES: CREATE YOUR OWN PLAIN OR TOASTED**

FILLINGS USUALLY AVAILABLE: HAM, CHEESE, BEEF, CHICKEN, ETC.

€5

SMOKED SALMON OR PRAWNS OR CRAYFISH

€6.50

SMOKED SALMON AND PRAWNS AND CRAYFISH (3 SLICES BREAD)

€8.90

FOR ECOLOGICAL REASONS WE DO NOT SERVE CANNED TUNA

**SIDE OF CHIPS WITH YOUR SANDWICH €3**

**KIDS CORNER**

CHICKEN NUGGETS OR GOUJONS, GRILLED CHICKEN FILLET,

GOLDEN FISH WHALES, SAUSAGES, TURKEY DINOSAURS,

CHILDS PORTION FROM THE DAILY SPECIALS WITH MASH OR CHIPS. € 6.50

4OZ BURGER 6.50 (ADD CHEESE €1)

HAM/CHEESE/CHICKEN TOASTIE €5

**ROAST CROWN OF TURKEY, RAISIN & CHESTNUT STUFFING, CRANBERRY SAUCE €12**

**SUPREME OF GLIN VALLEY FREE RANGE CHICKEN, WRAPPED IN SMOKED BACON, PEPPER SAUCE €12**  
(FULL PORTION ONLY)

**SALMON & TIGER PRAWN LINGUINI, CHORIZO, BASIL AND CHERRY TOMATO COMPOTE €15**  
(FULL PORTION ONLY)

**BEEF CHILLI CON CARNE, STEAMED RICE €12**

**GRILLED FILLETS OF SEA BASS, WILD ATLANTIC WAY RELISH, GRILLED LIME €17.50**

**SPINACH & GOATS CHEESE FILO PIE<sup>V</sup>**  
PEIDRO XEMINEZ SHERRY SOAKED SULTANAS &  
ROASTED HAZELNUT NUTS €12

**SWEET POTATO FALAFEL WRAP<sup>V</sup>**  
RED PEPPER AND GARLIC HUMMUS, RAITA GREEK YOGURT  
TOMATO & RED ONION SALAD €12

## CHAR GRILLED PRIME NENAGH STEAKS

**8OZ FILLET €29**

**10OZ SIRLOIN STEAK € 24**

**10OZ RIBEYE €20**

PLEASE ALLOW 20 - 25 MINUTES FOR WELL DONE & VERY WELL DONE ORDERS, W.D. AND VWD FILLETS ARE BUTTERFLY CUT

**SERVED WITH GRILLED TOMATO & PLEASE CHOOSE ONE OF:**

**PEPPER SAUCE, CHIMICHURRI GLAZE OR GARLIC BUTTER**

PLEASE ORDER TWO OF: TODAY'S VEGETABLES, POTATOES OF THE DAY, CHIPS OR SIDE SALAD    SIDE OF ONIONS AND MUSHROOMS €3.00

### THE ABBOT'S BURGER

TOPPED WITH SMOKED FIVE MILE TOWN CHEDDAR AND DRY CURED  
STREAKY BACON SERVED WITH SALAD GARNISH AND CHIPS €14

### THE MONSIGNOR BURGER

HOUSE MADE TURKEY BURGER FLAVOURED WITH SAGE AND ONION,  
CHORIZO AND BACON MARMALADE, EMMENTAL CHEESE  
WITH SALAD GARNISH AND CHIPS €14

PLEASE BE AWARE THAT STEAKS & BURGERS ARE COOKED TO ORDER AND MAY AFFECT THE TIMING OF YOUR TOTAL ORDER. TYPICALLY A  
WELL DONE 10OZ STEAK OR BURGER WILL TAKE 25 MINUTES

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, CHEESE, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

## DESSERTS €5

BREAD AND BUTTER PUDDING WITH TONKA BEAN AND IRISH MIST LIQUOR, DOUBLE CREAM CUSTARD

SNICKERS PIE

FERRERO ROCHER CHEESE CAKE

CHOCOLATE FUDGE CAKE, CHOCOLATE SAUCE

APPLE PIE, SERVED HOT OR COLD WITH CREAM

FRESH FRUIT SALAD SERVED WITH CREAM OR ICE CREAM

STICKY TOFFEE PUDDING VANILLA CUSTARD

SELECTION OF LOCALLY MADE CHEESES, ALL THE TRIMMINGS €8